



The ASA Learn to Swim Pathway is an all-encompassing programme which takes the non swimmer from his or her first splash to developing confidence and competence in the water. The pathway incorporates the following frameworks: ASA Foundation Framework, ASA Learn to Swim Framework Stages 1-7 and ASA Aquatic Skills Framework Stages 8-10, and is supported through the ASA Awards Scheme.

The diagram above shows the journey a swimmer will take through this pathway and awards scheme, from their first splash to learning and developing skills in Diving, Swimming, Synchro and Water Polo.

